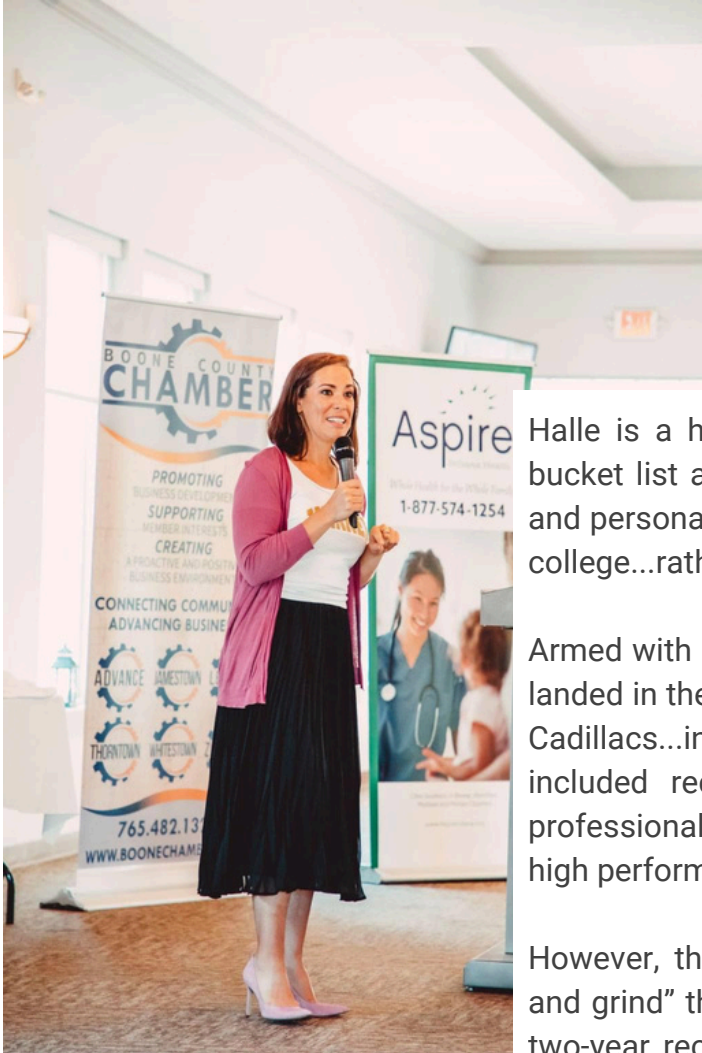




HALLE'S SPEAKING TOPICS
2025

WWW.HALLESIMPSON.COM
HALLE@HALLESIMPSON.COM

ABOUT HALLE



Halle is a highly driven self-starter. She wrote her first bucket list at the age of eight, began reading leadership and personal development books at 17 and sold knives in college...rather successfully!

Armed with a Biology degree from Indiana University, she landed in the top 2% of a company where she earned pink Cadillacs...in fact, five of them! There, her responsibilities included recruiting talent, training hundreds of sales professionals, speaking to the masses, and coaching high performers through the challenges of leadership.

However, this rise to the top involved so much “hustle and grind” that she was diagnosed with mono and had a two-year recovery from adrenal fatigue. This experience developed a keen eye to recognize when leaders are nearing overcapacity and need to change things - fast.

Now a globally recognized Professional Certified Coach, Halle helps business owners and leaders manage stress, find balance and grow more sustainably.

For fun, she enjoys journaling, yoga, watching Alaskan survival shows and exploring around her home in Traverse City, Michigan.

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PREVIOUS CLIENTS



Halle is approachable, knowledgeable and able to make you think of things about yourself that you just cannot do by yourself. She challenges your mindset, your thinking and what drives you in many different ways. She's an awesome coach and I would recommend her to anyone to help themselves improve, get out of their own way and make progress with their professional and personal goals.

Bob
Small Business Owner & Entrepreneurship Lecturer at Purdue University

I've worked with Halle for over three years, and I have grown as a leader, my employees are motivated, and our overall culture is very positive. Halle is patient, relatable, encouraging, and truly gifted at coaching. I am very grateful for everything I've learned about myself through coaching with Halle!

Julie
Non-Profit Executive Director

We recently enrolled our next group of leaders in a 6-month class to gain skills to grow within and outside of our organization. We have already seen the fruits of this endeavor and are excited to see the potential unleashed in our next group of leaders.

Dan Killinger
Intelligent Living Solutions

TOPICS

**MOST TOPICS CAN BE DELIVERED AS KEYNOTE OR WORKSHOP, RANGING FROM 60 MINUTES - 2.5 HOURS*

The Glorious Adventure of a Medium-Sized Dream

Life is often defined by big milestones—career changes, marriage, or starting a family. But what about the medium-sized dreams that more acutely shape who we are? These adventures—whether it’s taking that solo trip, getting the tattoo, or pursuing a passion project—might not make sense to others, yet they hold the power to bring immense joy, growth, and transformation. This talk spotlights those overlooked dreams that are hold the key to igniting your inner spark.

Key Takeaways:

- Understand how medium-sized dreams can unlock joy, connection, and growth.
- Gain clarity on meaningful dreams waiting to be embraced.
- Identify the hidden fears or influences keeping you from your next adventure.
- Build the courage to take that first bold step toward your dream.

Living and Working with Passion and Purpose

Are you thriving in your life and career, or simply going through the motions? True motivation and fulfillment don’t come from external forces—they’re ignited from within. This transformative topic invites participants to reconnect with their core values and strengths, uncover what truly drives them, and build a life and career filled with meaning and energy. Discover how aligning with your authentic self can unlock deeper engagement, renewed passion, and greater purpose in every area of your life.

Key Takeaways:

- Discover the three levels of motivation and how to tap into your intrinsic drive.
- Gain clarity on your core values and strengths to align with what truly matters.
- Learn simple, actionable strategies to infuse purpose and passion into your life.
- Embrace your authentic self to unlock joy, energy, and fulfillment.

Beyond Confidence: Stepping Into Your Agency and Authority (NEW)

For decades, we’ve heard the same refrain: “If only I had more confidence, I could do XYZ.” But what if confidence isn’t the starting point? Confidence is the byproduct of courage, and beyond that lies something even more transformative—your agency and authority. This keynote will challenge the traditional view of confidence and empower you to access the deeper tools within you to make bold decisions, own your power, and shape the life you truly desire.

Key Takeaways:

- Discover why courage, not confidence, is the real first step to transformation.
- Learn how to activate your agency to make intentional, impactful choices in every area of your life.
- Develop your inner authority and stand authentically in your unique strengths.
- Gain practical strategies to align your actions with the future you want to build.

TOPICS

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Success by Subtraction (NEW)

In a world that celebrates hustle and adding “just one more thing” to achieve success, what if the real key to growth lies in subtraction? Instead of overloading your schedule with new habits, routines, or strategies, it’s time to identify and eliminate the hidden obstacles that quietly block your progress and dilute your impact. Subtraction practices have been powerful tools for transformation for centuries: fasting to renew the body, saving to achieve financial freedom, embracing boredom to spark creativity, and sobriety to regain clarity and focus. By strategically removing what no longer serves you, you can create the clarity, bandwidth, and energy needed to accelerate your success.

Key Takeaways:

- Discover how removing obstacles impacts your focus, creativity and energy
- Learn how to identify the overlooked barriers that silently hold you back
- Create your own experiment with subtraction to test this in your life
- Build this muscle to protect your time, energy and goals long-term

Reframing Your Thoughts: The Small Shift That Unlocks Big Possibilities (NEW)

What if the habits and thought patterns you've built to survive are now the very things holding you back? Our brains are wired to rely on past experiences and automatic judgments, creating invisible barriers that limit our potential. This keynote dives into the power of reframing your thoughts, providing practical tools to break free from outdated narratives and design your future with intention and clarity. With just a small mental shift, you can open the door to transformative possibilities in your life and work.

Key Takeaways:

- Learn how past experiences, confirmation bias, and nervous system responses influence your thoughts and actions.
- Discover key questions to challenge and reframe self-defeating patterns.
- Leave with actionable steps to integrate mindset shifts for long-term impact.

TOPICS

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Saying “No” and Asking for Help: Honoring Your Inner Voice

How often do you find yourself saying “yes” when your heart is saying “no”? Or shouldering everything alone because asking for help feels uncomfortable? Many of us struggle with people-pleasing and the fear of being seen as a burden. Yet, each time we ignore our inner voice, we chip away at the trust and integrity we have with ourselves. This empowering subject explores how to break free from these patterns, set boundaries with confidence, and embrace the courage to ask for support when needed.

Key Takeaways:

- Learn how to recognize and honor your inner voice in pivotal moments.
- Discover personalized strategies to say “no” with confidence and grace.
- Reframe your mindset around asking for help to foster deeper connections.
- Build resilience and self-trust by aligning your actions with your true priorities.

Organize the Chaos in Your Brain

Feeling overwhelmed by endless to-do lists and the constant swirl of thoughts in your mind? It’s time to shift from chaos to clarity. This keynote reimagines time management, offering practical strategies to streamline your mental energy and focus on what truly matters. With tools to simplify decision-making, prioritize tasks, and establish boundaries, you’ll leave equipped to take control of your schedule and create space for what’s most important.

Key Takeaways:

- Learn a proven tool to pause, prioritize, and tackle what matters most.
- Shift from a “busy” mindset to an intentional, impactful daily rhythm.
- Gain clarity and confidence to set boundaries that protect your time and energy.

Creating a Compelling Future

Are you steering your life and business with purpose, or simply letting the currents guide you? This transformative talk taps into the brilliance of your mind, exploring the neuroscience behind thought patterns and their profound impact on your behavior. Discover how to harness your subconscious to create a compelling vision that inspires action and fuels growth in every area of your life.

Key Takeaways:

- Identify key areas of life to intentionally shape and improve.
- Understand the transformative difference between setting goals and casting a vision.
- Learn to activate your subconscious mind as a powerful ally for success.